



Guided Care– A person-centered approach when caring for older adults

What is Guided Care?



As we age, families, caregivers, spouses and other loved ones may find themselves in need of help navigating through all of the complexities of senior care.

*Where to start? Who do I call? What type of care does my family need?
What is the cost? Who will pay for this?*

**Aging Matters' Guided Care Program can help you through
the entire process, with a supportive, person-centered approach.**

How does it work?

A private consultation with you or your family- A comprehensive care needs assessment is completed. Assistance will be provided with specific care needs. This may involve, facility placement, move coordination. Transition follow up is also important to ensure your loved one is, happy and any additional services needed.

Connecting to community services, resources and care providers is also an important part of the Guided Care Program.

Assistance with navigating through Medicare, Medicaid and the Division of Assets, long-term care insurance policy review and family mediation/coaching are all services we can provide through Guided Care.

Who to contact?

Morgan Slattery, BS, MBA, LNHA
Director of Guided Care
573-335-3331 ext. 116
msslattery@agingmatters2u.com



"As the Director of Guided Care, I bring 28 years experience in long term care and I am a licensed Nursing Home Administrator. My top priority is to reduce stress and help guide you through the decision making process for yourself and/or your loved one when it comes to care options. Reach out to Aging Matters and let me help you navigate the complexities of long-term care."

573-335-3331 | 69 Doctors Park, Suite B, Cape Girardeau
MO 63703 | www.agingmatters2u.com